### healthwatch Shropshire



# Shaping Places for Healthier Lives Food Insecurity Project Focus: South-West Shropshire Appendix 3

Organisational on-line Survey for public and community sector

Engagement period: February to April 2021 Publication date: 11 November 2021



# Understanding the availability of healthy affordable food in South and West Shropshire

Healthwatch Shropshire need your help. We want to hear from organisations working in South and West Shropshire (e.g., Bishops Castle, Craven Arms, Church Stretton, Ludlow and the surrounding villages and hamlets) about their views on the availability of affordable, healthy food in the area and want to gain insight into possible interventions that would help alleviate difficulties.

### Introduction

This survey is part of a project we are working on with Shropshire Council, Shropshire Food Poverty Alliance and Citizen's Advice Shropshire and is aimed at understanding the extent and impact of food insecurity in South-West Shropshire. Gaining a better understanding of the causes of food insecurity could help us to secure additional funding over the next 3 years to deliver programmes to relieve food poverty in South Shropshire.

We will use your answers to identify what can be done to make sure everyone in Shropshire can get enough affordable food to live a healthy life.

The survey will take approximately 15 minutes to complete.

Healthwatch Shropshire recognises your right to remain anonymous. Please see our Privacy Terms & Conditions for more information.

Which sector do you work or volunteer in? \*

- Public sector (eg NHS, Shropshire Council, School)
- Community sector (eg Food bank, charity, retail, farming)

### **Public Sector**

### About you

### Which organisation do you work for?

- Shropshire Council
- Shropshire, Telford & Wrekin CCG
- Sustainability and Transformation Partnership



- Shrewsbury and Telford Hospital Trust
- Shropshire Community Health Trust
- Midlands Partnership Foundation Trust
- Department of Work & Pensions
- Other

Other (please state):

#### Which department or service do you work in?

Free Text

#### What geographical area or areas do you cover through your work?

Please tick all that apply

- Whole of South and West Shropshire
- Whole of Shropshire
- Ludlow
- Craven Arms
- Church Stretton
- Clun
- Bishops Castle
- Other

Other (please state):

• Free Text

### The availability of healthy affordable food in South and West Shropshire

People are considered to be food insecure when they cannot afford an adequate and nutritious diet. Please help us understand the issues that are relevant to the work of your department or the service that you provide

# To what extent do you agree with the statement 'Food insecurity is a significant issue in South-West Shropshire'?

- Strongly agree
- Agree
- Disagree



- Strongly disagree
- Don't know

Are you aware of any policies or action plans related to food insecurity in your organisation?

- Yes
- No
- Don't know

In your role, do you do any work to address or influence food insecurity issues in Shropshire?

- Yes
- No
- Don't know

Please describe:

• Free Text

In an ideal world, what actions could you take in your role to have a positive influence on either preventing or addressing food insecurity

• Free Text

Through your role do you work directly with individuals or families experiencing food insecurity?

- Yes
- No

If yes:

Can you indicate what the main causes of their food insecurity are?

• Free Text

Access to food: Thinking about the work of your department or from the perspective of the service you provide please rate the following statements

- They have enough income to enable them to eat healthily
- It is easy for them to get a food delivery
- Healthy food is available near to where they live
- Affordable food is available near to where they live



- There is a choice of places to get their food from
- Supermarket/food shops are easy to get to
- They have access to transport to get to the supermarket/food shops
- They have access to kitchen equipment to cook a healthy meal
- They have good cooking skills

Access to support: Thinking about the work of your department or from the perspective of the service you provide please rate the following statements

- They can access foodbanks if they need to
- There are local community projects which offer support
- It is easy to access money/debt advice locally
- It is easy to access employment support locally, including job centres
- It is easy to access mental health support locally
- It is easy to access addiction support locally
- It is easy to access housing support locally

Please describe the challenges or barriers you are aware of that people face in accessing healthy affordable food

• Free Text

Do you know of programmes of work local or projects already being discussed, planned or implemented which could help to improve access to affordable healthy food?

• Free Text

Do you know of any individuals/groups or organisations who might like to get involved in improving access to healthy affordable food?

We are keen to hear from as many people as possible.

• Free Text

If you have contacts for these individuals / groups or organisations and permision to share them with us please do:

Please confirm that you have permission to share any contact details above

• I have permission to share the contact details above



### **Developing solutions**

Our partnership team need to hear your views on what you think would make the biggest difference to people living on a low budget and being able to access healthy food. A key part of this project is identifying what could change to improve food access for people living in South and West Shropshire. Your ideas will help to strengthen our future plans and help when applying for external funding.

# What would make the most difference to widening access to healthy affordable food?

Think outside your own role and/or organisation.

• Free Text

#### Do you have any practical suggestions to enable your idea to happen?

• Free Text

### **Community Groups**

### About You

What is the name of your Organisation/Business/Service/Department/Community group?

• Free Text

### Why is food insecurity important to your Organisation/Business/Service/Department/Community group

Please briefly explain what your organisation does:

• Free Text

### Who does your Organisation/Business/Service/Department/Community group work with?

For example age group, foodbank clients

• Free Text



#### What geographical area or areas do you cover through your work?

Please tick all that apply

- Whole of South and West Shropshire
- Whole of Shropshire
- Ludlow
- Craven Arms
- Church Stretton
- Clun
- Bishops Castle
- Other

Other (please state):

• Free Text

### The availability of healthy affordable food in South and West Shropshire

People are considered to be food insecure when they cannot afford an adequate and nutritious diet. Please help us understand the issues in your area.

# To what extent do you agree with the statement 'Food insecurity is a significant issue in South-West Shropshire'?

- Strongly agree
- Agree
- Disagree
- Strongly disagree
- Don't know

# Through your work/volunteering do you come across individuals or families experiencing food insecurity?

- Yes
- No

Please tell us more if you would like to:

• Free Text



From your experience what are the most important issues for the people you work with around food at the moment?

• Free Text

Access to food: Thinking about the work of your department or from the perspective of the service you provide please rate the following statements

- They have enough income to enable them to eat healthily
- It is easy for them to get a food delivery
- Healthy food is available near to where they live
- Affordable food is available near to where they live
- There is a choice of places to get their food from
- Supermarket/food shops are easy to get to
- They have access to transport to get to the supermarket/food shops
- They have access to kitchen equipment to cook a healthy meal
- They have good cooking skills

# Access to support: Thinking about the work of your department or from the perspective of the service you provide please rate the following statements

- They can access foodbanks if they need to
- There are local community projects which offer support
- It is easy to access money/debt advice locally
- It is easy to access employment support locally, including job centres
- It is easy to access mental health support locally
- It is easy to access addiction support locally
- It is easy to access housing support locally

# Please describe the challenges or barriers you are aware of that people face in accessing healthy affordable food

• Free Text

Do you know of local projects already being discussed, planned or implemented which could help to improve access to affordable healthy food?

• Free Text

Do you know of any individuals/groups or organisations who might like to get involved in improving access to healthy affordable food?



We are keen to hear from as many people as possible.

• Free Text

If you have contacts for these individuals / groups or organisations and permision to share them with us please do:

• Free Text

#### Please confirm that you have permission to share any contact details above

• I have permission to share the contact details above

### **Developing solutions**

Our partnership team need to hear your views on what you think would make the biggest difference to people living on a low budget and being able to access healthy food. A key part of this project is identifying what could change to improve food access for people living in South and West Shropshire. Your ideas will help to strengthen our future plans and help when applying for external funding.

# What would make the most difference to widening access to healthy affordable food?

Think outside your own role and/or organisation.

• Free Text

Do you have any practical suggestions to enable your idea to happen?

• Free Text

### **Further Involvement**

Would you like to be kept up to date with the findings of this project?

- Yes
- No

Would you like to join us for a zoom conversation to discuss local issues and potential solutions?



We will be running a series of zoom sessions in March to discuss the findings of this survey and what the possible solutions might be in different local areas. Details of dates and times will be shown on submission of the survey.

- Yes
- No

Name

Email address

### Consent

Tick this box if you're happy to give consent for your personal data to be used and stored By Healthwatch Shropshire. Please see our <a href="/privacy">Privacy">Privacy</a> Terms & Conditions</a> for more information.

- I agree to my personal data being used and stored by Healthwatch Shropshire

### Permission and Consent

By completing this survey, you are giving permissions for your answers to be included in our findings.

I give permission for my response to be stored by Healthwatch Shropshire in accordance with their <a href="/privacy">Privacy">Privacy</a> Terms & Conditions</a> so that it can be included in the survey findings and used to help improve the delivery of health and care services.

### [Confirmation message.]

Thank You.

Thank you for taking the taking the time to fill out our survey, it is greatly appreciated.

If you have left your contact details we will be in touch very soon. If you would like to book into one of our Zoom conversation to discuss local issues and potential solutions details can be found here: [weblink]

If you have any further questions please <u>contact us</u>.