



BreastFeeding Friends



A Shrewsbury based mum to mum volunteer support and social group for breastfeeding mums to chat, get peer support and that hot drink!! There is something very special about what only a mum knows, has experienced and can share.

Forgotten the early days advice? Not sure who to ask for help at this stage of your breastfeeding journey?

Difficulties taking a toddler to a baby group?

Just need a grown up conversation and a hot drink?!!



Come and join us at Little Rascals, Unit 2 Maverick Business Park, Monkmoor Rd, on Thursday mornings from 9.30 until 11.30am.

(£1.50 per toddler, mums with baby free)

We can offer motherly peer support and advice for breastfeeding issues from mums who have the experience, and many of whom are trained in breastfeeding peer support. Our group can offer access to refreshments and somewhere for your little ones of all ages to play.

A private room is available for feeding and support as required, a baby play area, and special offers from the venue themselves.

Contact Jemma on 07968 977459 or Seree on 01743 240258 for further information.

